

Vaccines for First Responders



While your goal is to protect and save others from further injury, please protect yourself!

As a first responder at an emergency or disaster site, you may encounter individuals who may be infected with vaccine preventable diseases that can be spread through the air. Such diseases include measles, mumps, flu, pertussis, pneumonia or meningitis. Hepatitis B can be contracted by contact with blood of an infected person. In addition, tetanus can exist in the dirt and soil and enter your body through a cut or wound.

If you are not vaccinated and become infected, you may spread the diseases to your family members and friends. If you are up to date on your vaccines, you will be fully protected against any of these diseases.

Vaccines are covered by insurance. If you do not have health insurance, visit your local health department and they may be able to provide the vaccines free of cost to you.

Please protect yourself and others by staying up to date on your vaccines.

Recommended immunization schedule for adults aged 19 years or older by age group, United States, 2018

This figure should be reviewed with the accompanying footnotes. This figure and the footnotes describe indications for which vaccines, if not previously administered, should be administered unless noted otherwise. Footnotes and the recommended immunization schedule for adults aged 19 years or older by medical condition and other indications may be found at www.cdc.gov/vaccines/schedules/hcp/imz/adult.html.

Vaccine	19–21 years	22–26 years	27–49 years	50–64 years	≥65 years
Influenza ¹	1 dose annually				
Tdap ² or Td ²	1 dose Tdap, then Td booster every 10 yrs				
MMR ³	1 or 2 doses depending on indication (if born in 1957 or later)				
VAR ⁴	2 doses				
RZV ⁵ (preferred) or ZVL ⁵				2 doses RZV (preferred) or 1 dose ZVL	
HPV–Female ⁶	2 or 3 doses depending on age at series initiation				
HPV–Male ⁶	2 or 3 doses depending on age at series initiation				
PCV13 ⁷					1 dose
PPSV23 ⁷	1 or 2 doses depending on indication				1 dose
HepA ⁸	2 or 3 doses depending on vaccine				
HepB ⁹	3 doses				
MenACWY ¹⁰	1 or 2 doses depending on indication, then booster every 5 yrs if risk remains				
MenB ¹⁰	2 or 3 doses depending on vaccine				
Hib ¹¹	1 or 3 doses depending on indication				

 Recommended for adults who meet the age requirement, lack documentation of vaccination, or lack evidence of past infection

 Recommended for adults with other indications

 No recommendation

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These materials were created by the Indiana Immunization Coalition, Inc. and were funded by the Indiana State Department of Health through a grant from the Centers for Disease Control and Prevention (Award No: 5H231P000723).

