



## Do you know the difference between influenza, cold, and COVID-19?

Influenza, colds, and COVID-19 share several symptoms, but have different causes. Read below for information on each, how to recognize them, and how to prevent them.

	Seasonal Influenza	Common Cold	COVID-19
<b>Influenza vs. Common Cold vs. COVID-19</b>	Caused by Influenza A or Influenza B viruses	Many different kinds of viruses such as rhinovirus, coronavirus, adenovirus, etc. <b>NOT CAUSED BY INFLUENZA VIRUS</b>	Caused by SARS-CoV-2 virus
<b>Prevention</b>	Annual influenza immunization protects against the strains of influenza virus circulating that season	Cannot be prevented by immunization	Immunization for those twelve years old and above
<b>Involves whole body</b>	Usually	Never	Usually
<b>Symptoms appear quickly</b>	Yes	No. Symptoms appear gradually	Sometimes
<b>Headache</b>	Yes, and can be severe	Rarely	Common
<b>Chills, aches, pain</b>	Yes, and often severe	Rarely	Sometimes
<b>Extreme tiredness</b>	Yes, and may last two to three weeks or more	Rarely	Sometimes
<b>Fever</b>	Yes. High fever, beginning suddenly and lasting three to four days, is common	Sometimes	Common
<b>Cough</b>	Usually	Sometimes	Common

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These materials were created by the Indiana Immunization Coalition, Inc. and were funded by the Indiana State Department of Health through a grant from the Centers for Disease Control and Prevention (Award No: 5H2311P000723).





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